



Guam Comprehensive Cancer Control Newsletter

"The people of Guam will be cancer free, embracing a healthy lifestyle and living in a healthy environment."

Breast Cancer Awareness Month

By Ms. Chalorna Lauron and Ms. Marisha Artero



Breast Cancer Awareness Month Proclamation Signing at the Governor's Office

Breast Cancer Awareness Month kicked off on October 1, 2014 with a Proclamation Signing with Lieutenant Governor Ray Tenorio. Several cancer survivors, family members and caregivers were present at this event. In addition, public, private, and non-profit organizations to include Guam Cancer Care, American Cancer Society, Cancer Center of Guam, FHP Cancer Clinic, Department of Public Health and Social Services, and many more came in support.

Partner organizations hosted various activities during the month of October:

Guam Cancer Care hosted the 3rd annual *Get Your Pink On (GYPO) and Join The Fight Breast Cancer Awareness Wave* was held at the ITC Intersection with an invitation to the community to join the Island-wide wave in remembrance of the many women around the world and especially on Guam who have died of breast cancer, and honor our Guam sisters who today battle with this deadly disease. This year in addition to the annual wave, Guam Cancer Care expanded its GYPO program with a Breast Cancer Prevention Collaboration with local clinics who conduct mammography services. The mission of the collaboration was to help increase the number of women to be screened... (continue to page 2)

TAFISA Certified Leadership Course in Sport for All Training

By Lawrence Alam

The Guam Comprehensive Cancer Control Program (GCCCCP) supported the Governor's Council on Physical Fitness and Sports in implementing the TAFISA Certified Leadership Course in Sport for All Training held at the Guam Westin Resort and Spa on November 24 to 26, 2014. The training provided avenues for participants to learn about leadership, sportsmanship, communication skills, and others.

More than 50 local, regional, and international participants participated in the training. The training was sponsored by Guam Visitors' Bureau, Office of Minority Health Resource Center, and the Non-Communicable Disease (NCD) Consortium.



TAFISA Certified Leadership Course in Sport for All Training Participants

Volume 3 Issue 5

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We would like to invite you to join our Coalition...

As a member of the Coalition, you will:

Be involved with developing, enhancing, and supporting cancer programs and services.



Advocate for and support cancer survivors and their families.



Network with others in the community that share a strong interest in cancer and access cancer-related resources and information.

For more information about Guam Comprehensive Cancer Control Program and Coalition, please contact: 671-735-0670/73

Breast Cancer Awareness Month

By Ms. Chalorna Lauron and Ms. Marisha Artero

(Continued from page 1)

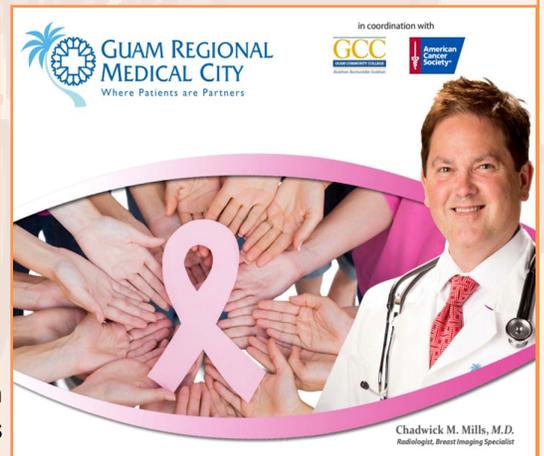
for breast cancer via mammograms. It is known that diagnosing cancer at an earlier stage can increase survival rates and decrease financial burden. It is through this type of collaboration that we can truly help the community and build preventive programs that will one day impact the morbidity and mortality rates in regards to cancer on Guam.



Guam Cancer Care hosted the 13th Annual Strides for the Cure 2K/5K Run/Walk. Proceeds from the annual run are used to support and help sustain the Kids for the Cure program in our local schools as well as helping promote cancer education and awareness throughout our local community with the goal of promoting early detection as a key to reducing cancer rates on our island. Over 2,400 participants were present at this event.



The American Cancer Society and Javani Beauty at the Micronesia Mall partnered to spread the message of the importance of breast self-awareness during Breast Cancer Awareness Month in October. Javani Beauty shoppers on October 4 and October 11 were able to visit the American Cancer Society table to learn how to perform a self-breast exam using breast display models. All the women who visited also had the opportunity to write themselves a reminder to talk with their doctors about their breast health on self-addressed stationary, which was mailed to them later in the month.



Guam Regional Medical City, the American Cancer Society and Guam Community College partnered to host free educational workshops focused on breast health for the community. Dr. Chadwick Mills, Radiologist and Breast Imaging Specialist with the Guam Regional Medical City led the complimentary workshops and question and answer sessions on Saturday, October 18 and Saturday, October 25 at Guam Community College. His presentation helped participants better understand the mammography process as well as the additional imaging tests available for breast cancer screening.

Cancer Case Management, Hospice and Palliative Care Conference

By Ms. Rose Grino RN, BSN



The Cancer Case Management, Hospice and Palliative Care Conference was held on November 7, 2014 at the Nikko Hotel Guam. The conference was to provide updates on the cancer case management and transition to end of life care through palliative and hospice care;

Six presentations were provided at the conference: The Role of Cancer Case Management Through the Continuum (Sheryl Riley, RN, OCN, CMCN); Breast Cancer Case Management for Today's Patient (Aftab Chaudhry, M.D.); Introduction to Palliative Care (Jared Ivie, MSW); Symptom Management in Cancer Patients (Dorothy Lou Manglona MSN, RN); Pain Management in Palliative and End of Life Care (Kevin Hiosis DNP, FNP-BC); and Hospice – Making the Transition (Sheryl Riley, RN, OCN, CMCN);

A well-attended conference with more than 70 participants ranging from healthcare professionals, caregivers and patients. The feedback from participants were excellent! The speakers were very informative and interactive in their presentations. The alignment of the topics were also great; from the cancer care management to the end of life care not only for the patients but also to the caregivers as well;

The conference was presented by TakeCare in collaboration with the American Cancer Society, Guam Comprehensive Cancer Control Coalition and the Guam Nurses Association. This is another successful event through collaboration with stakeholders!

“It Is Time Cancer Forum: A Dialogue on Cancer Screening and Prevention”

By Ms. Chalorna Lauron



“It Is Time: A Dialogue on Cancer Screening and Prevention” open forum was held on November 22, 2014 at the Lotte Hotel. This OPEN forum’s objective gave insight on current and forthcoming topics related to the screening and prevention of cancer.

Seven presentations were provided at the forum by oncologists and providers: Breast Cancer Prevention (Dr. Macel Pagdanganan, St. Lukes Medical Center); Breast, Cervical, and Prostate Screening (Dr. Paul Coty, Guam Regional Medical City); Colon and Lung Screening (Dr. Ahmed Behairy, Guam Regional Medical City); Cancer Prevention and Radiotherapy (Dr. Kin-Sing Au); Cancer Screening and Prevention (Dr. Beatrice Tiangco); Oncology and Cancer Screening (Dr. Aftab Chaudhry, FHP Cancer Center); and Breast Cancer Screening in Women with Dense Breast: A Radiologist Perspective (Dr. Danny Hall, FHP Cancer Center).

In addition to the cancer forum, mini health fair was conducted throughout at the event.

Many of the providers expressed interest in conducting this form of dialogue, along with actual testimonies from cancer survivors and caretakers, as they believe this would be beneficial and a better way to inform the community in regards to cancer screening and prevention.



It Is Time Cancer Forum: A Dialogue on Cancer Screening and Prevention

CCC Coalition Action Teams Updates



Prevention Action Team /NCD Physical Activity Group

By Ms. Chalorna Lauron/Mr. Lawrence Alam

The Prevention Action Team is excited as we move into the New Year! The team is looking forward to continue working to promote various cancer screening efforts with our partners, who all work together, to try and increase the low screening rates we have in Guam. We are also ready to support various initiatives by our partners such as tobacco and obesity prevention efforts which are the leading risk factors for cancer. We are ready to support our sister team, the NCD Physical Activity Group, as we work to promote physical activities in schools. **Are you ready to join us? :**)



Data and Research Action Team (DRAT)

By Ms. Renata Bordallo

Data and Research – not an easy job! I now have a greater appreciation for the challenges and frustrations involved in trying to produce a quality report. I say this as Dr. Haddock and I have been working to provide accurate rates and data to Consultant Dr. Annette David and assistant Angie Mummert for the analysis and upcoming report - Guam Facts & Figures 2008-2012. Originally scheduled to be completed in mid-December, the report deadline has been extended due to requests for additional data tables, loss of staff at Guam Cancer Registry, and more time needed to produce a quality and accurate report.

Preliminary Guam data on cancer morbidity and mortality from 2008-2012 was reported during the recent GCCCC Retreat in December. As in the past, cancers of the Lung & Bronchus caused the most cancer deaths. Breast, Prostate, Colorectal and Liver cancers were prominent – it is important to note that most of these cancers can be screened and detected at early stages when they are most amenable to positive treatment outcomes. Dr. David will analyze this data and report further on trends – so stay tuned!

Final Reports on Guam Cancer Survival rates and the Economic Costs of Cancer in a cohort of MIP/Medicaid patients are pending. DRAT expects to receive these Final Reports by January 30th.

Our next meeting is Tuesday, February 17th, at 9:00am at House #7 Deans Circle, University of Guam. All members are encouraged to attend as we need to update and solidify our Goals and Objectives for this new year. PLEASE COME AND BRING YOUR IDEAS TO THE TABLE. WE NEED YOU!!



Policy and Advocacy Action Team (PANDA)

By Mr. Chuck Tanner

As we look to 2015, it is nice to know that many of our relationships with the 32nd Guam Legislature will continue with the 33rd. Of note two of our champions, Senator Benjamin Cruz and Senator Dennis Rodriguez Jr. will be back. Unfortunately we will not have Senator Aline Yamashita next year and we thank her for championing many of our initiatives, especially the breastfeeding efforts. New (well sort of) for the 33rd Legislature are Jim Espaldon, Mary Torres, Nerissa Underwood, and Frank Blas Jr. We look forward to working with these new and familiar members.

2014 was a busy year for everyone and PANDA included. With the help of our legislators, action team members and others, we successfully achieved many of our NCD and GCCCC goals. As we look toward 2015, PANDA will continue to work with the action teams to refine and develop additional legislative actions to improve the health of our people.

As the year starts, members of PANDA and the action teams will visit and establish or renew our relationships with our elected Senators. It is our goal to meet with them and give them a broad brush view of our plans and to garner their support and their ideas for the coming 2 years. The schedule for meeting with the Senators will be sent and update via email.

We look forward to being refreshed and motivated to continue this work in 2015. For current Public Hearings, check the Guam Legislature Calendar at <http://www.guamlegislature.com/calendar.htm>

CCC Coalition Action Teams Updates



Screening, Early Detection, and Treatment Action Team (SEDAT)

By Ms. Rose Grino RN, BSN

The CCC Screening, Early Detection and Treatment Action Team continues to promote the U.S. Preventive Services Task Force (USPSTF) Guide to Clinical Preventive Services – evidence-based screening tool in primary care setting.

Between October through November 2014, more than 70 copies of the 2014 USPSTF pocket guide – latest copy, were distributed to 10 health care providers: American Medical Center, FHP Cancer Center, IHP Medical Group, The Doctor's Clinic, Seventh Day Adventist Clinic, PMC Isla Health System, Health Partners LLC., Cancer Center of Guam, Latte Stone Cancer Clinic, and Island Cancer Center. In addition, a re-survey was conducted to assess the types of guidelines local health care providers are utilizing in their facility. Guam Cancer Care's Screening Guidelines, GCCC Coalition's Newsletters Volume 3 Issue 4, Cancer Passport, and 1-800-QUIT-NOW cards were also distributed.



Additionally, Rose Grino, SEDAT's Chair, conducted presentation to the nurses of the Seventh Day Adventist Clinic in collaboration with Chalorna Lauron, Guam Cancer Care's Program Coordinator held on November 21, 2014.

GCCC SEDAT, in collaboration with GBCCEDP, GCCC Program, and partners are planning to have a Breast and Cervical Cancer Provider's Training for health care professionals. The team plans to bring in two off-island experts/consultants (mammographer and radiologist) who will conduct education and training sessions to enhance the knowledge, awareness and skills of our local health care professionals. The team also plans to work with appropriate local credentialing organizations so that participants can avail of applicable education credits.

We look forward for a more collaborative cancer screening activities in 2015. The SEDAT team would like to express appreciation to healthcare providers and staff for their support and active participation in cancer screening initiatives. #earlydetectionsavelives

Survivorship and Quality of Life Action Team (SQOL)

By Ms. Marisha Artero

Participants at the annual Guam Comprehensive Cancer Control Coalition's retreat were treated to a short 10-minute clip of the Hope Project video. The Hope Project video once complete will be 60 minutes and will highlight stories from a small selection of Guam's survivors and caregivers. Stay tuned for more information about the completion of this project and its unveiling in the community.

On November 7, a full-day conference was hosted by TakeCare, in collaboration with the American Cancer Society and the Guam Comprehensive Cancer Control Coalition at the Nikko Hotel. The "Cancer Case Management, Hospice and Palliative Care Conference" presented by TakeCare focused on integrating cancer case management and palliative care to promote optimal end-of-life care and efficient use of healthcare resources. The day began with welcoming remarks by Jeffrey Larsen, President of TakeCare Insurance Company, Inc. and a Legislative Resolution presented by Senator Dennis Rodriguez. Dr. Rachael Leon Guerrero of the University of Guam provided the key note address, sharing some of the data of her breast-related research. The agenda also included three modules that are a part of the Coalition's Palliative Care Curriculum – *Introduction to Palliative Care* (Presented by Coalition Vice Chair, Jared Ivie of Health Services of the Pacific), *Symptom Management* (Presented by Dorothy Lou Manglona, Guam Community College) and *Pain Management in Palliative and End of Life Care* (Presented by Kevin Hitosis, Department of Veterans Affairs). The agenda also featured Dr. Aftab Chaudry, Medical Oncologist at FHP Cancer Center and Sheryl Riley of SAI Systems. Sheryl flew to Guam to lead two presentations – one focused on the role of cancer care management and the other focused on hospice care. CE units were provided for free to the first 50 participants. This conference featured another opportunity for the Coalition's 7-module Palliative Care Curriculum to be used in the community to increase awareness and education of palliative and hospice care.

CCC Coalition Members in Action

An Intern's Perspective: Preventing Obesity!

By Ms. Casierra Cruz

Our community partners from the Non-Communicable Disease Consortium's Physical Activity Group continued their admirable efforts this past year. With their common goal in helping Guam's school children achieve the recommended daily physical activity requirements, both Island Girl Power and Custom Fitness offered their unique variations to attain just that. In October 2014, I was given a special opportunity to have observed Custom Fitness conduct its Functional Fitness pilot program. This program focused on strengthening and executing an array of movement patterns of which are often used in everyday activities. With Custom Fitness having a diverse group of certified coaches, they also aim in achieving overall wellness for our children - targeting aspects of self-esteem, individualistic worth, and highlighting the correlation of physical activity and academic performance.



Similar to Custom Fitness, Island Girl Power (an NCD Consortium member) stood its ground by tackling several ambitious but promising goals. After the refurbishment of Kaiser Parks, the dedicated staff wanted the community to utilize the park for everyday use. In doing so, an idea was sparked by creating the "It's Our Park Day" Program, allowing island wide volunteers to conduct activities for children and families in the community. After being given the opportunity to host such an event, I learned that it is the children who get most out of the experience than we can ever put into it.



In all, that is truly the meaning behind the work of the NCD Consortium – to pour sacrifice and team effort into programs that are ultimately sustainable for our island and its people. I have no doubt that their continued efforts will be successful as we dive on into an exciting new year!

Bicycle Giveaway Program By Mr. Tom Renfro and Lawrence Alam

The Guam Cycling Federation and I Bike coordinated with the Non-Communicable Disease Consortium, Guam Comprehensive Cancer Control Program, and the Department of Public Health and Social Services to giveaway 30 bicycles on December 14th at Ypao Park from 1:00pm to 4:00pm. There was music, food and free bikes for 30 lucky people.



Thanks to the work of Roselie Zabala and Lawrence Alam, I Bike was able to secure a \$12,000 dollar grant to refurbish donated bikes and give them to the community. We put out the word through traditional methods and social media to anyone who could donate a bike or who wanted a bike. Calls started rolling in.

By mid-December, there were more than 50 bikes that were donated. Hornets Sporting Goods and BikeFix were contracted to fix the donated bikes to safety standards. When it was all said and done, 35 bikes made it to Ypao and about 25 recipients showed up. We received more children's bikes than adult bikes for this phase and so a lot of children were very happy!

Many people were more than satisfied with the bikes they received. Priority was given to people who were in need, especially those that can benefit using a bike.

And, we are not through yet! In February or March 2015, we hope to give away 50 more bikes to the community! (Call Long at 735-7335 to donate!)



CCC Coalition Members in Action

U.S. Department of Agriculture Awards Telemedicine Grant to Good Samaritan Hospital

By Katrina Bada, Media Contact

Los Angeles (November 2014) – The U.S. Department of Agriculture (USDA) Rural Development awards Good Samaritan Hospital, a prominent downtown Los Angeles hospital, a \$417,560 grant to implement a telemedicine program that will connect members of the medical staff at Good Samaritan Hospital with public health and primary care providers and their patients at six Public Health sites on the island of Guam.

In partnership with Guam's Department of Public Health and Social Services (DPHSS), the telemedicine program will provide real-time, video conferencing program with primary care user sites in Guam. Consultations and medical advice will include cardiology, emergency medicine, gastroenterology, infectious disease, neurosurgery, oncology, orthopedics, otolaryngology (ear, nose, and throat), rheumatology, and urology services as well as nutritional counseling and community health education by registered dietitians.

"It is an honor for us to partner with the dedicated team of health care providers in Guam through the telemedicine program," says Andrew B. Leeka, president and CEO of Good Samaritan Hospital. "Through this partnership, local practitioners can consult with specialists in Los Angeles. At the same time, patients will have the benefit of a world-class health care provider close to their home. Good Samaritan Hospital can provide much needed health services to areas that lack access to specialized care, especially for those that live in remote areas. This is our next step in our historical commitment to Guam, which has in the recent past, included the opening of island visits by our medical and surgical specialists."

According to James Gillan, director of the Department of Public Health and Social Services in Guam, "The Department of Public Health and Social Services is excited about including this valuable tool to our capabilities. Real time, quality video conferencing and consultations offer a more efficient and effective way to bring care to our people. Additionally, this will be a great tool for education and training. We look forward to implementing this program soon."

For close to 30 years, Good Samaritan Hospital has been providing specialty care to the people of Guam. The state-of-the-art medical facility provides the convenience of having the Guam International Patient Services (IPS) office both in Los Angeles and on the island. A team from the Guam IPS understands the unique needs of every patient and will guide them through the referral process, assisting with every step from making appointments, requesting records and authorization, coordinating special accommodations and arranging specialty care.

For more information, please contact Bethany Van Boxtel from Good Samaritan Guam Referral Office at 479-5633.

Island Cancer Center

By Mr. William Sessoms

Island Cancer Center was founded in April 2010 after project teams from Guam, the U.S. Virgin Islands, New York, Oregon, California and Hong Kong worked over a year to bring radiation therapy back to the island. Island Cancer Center brings comprehensive cancer treatment to Guam and neighboring islands with advanced technology and an experienced medical team.

Island Cancer Center works with all cancer care specialists on Guam and the broader medical community to collaboratively provide each patient with the best cancer care. Island Cancer Center is an active participant in supporting ways to reduce the burden of cancer and eliminate gaps in cancer services in Guam to include the Guam Comprehensive Cancer Control Coalition and many more.

Island Cancer Center's mission is to restore health to each person and provide a supportive healing environment to patients and their families.

Island Cancer Center provides screening and treatment of cancers and benign tumors including breast cancer, gynecologic cancers - (cervical, uterine, vaginal, vulvar), GI cancers - (esophagus, gastric, rectal, and hepatic), skin cancers, lymphomas, Hodgkin's disease, multiple myeloma, prostate cancer, lung cancer, bladder cancer brain tumors, thyroid cancer, and metastatic cancers.

Island Cancer Center is located in Guam Medical Plaza in Tamuning, Guam. For more information, please contact William Sessoms at (671) 646-3363 or email at wsessoms@guamsurgicenter.com.



Recognitions!



It was such a busy and successful 2014 for the Cancer Coalition and Program. Here are some of the awards and recognitions we received:

- **2014 C-Change Comprehensive Cancer Control Pacific Island Jurisdiction Coalition Impact Award** honored the CCC Prevention Action Team and the NCD



Physical Activity Group's work to prevent cancer through increasing cancer education efforts and working to prevent childhood obesity in school children. Their efforts have led to the implementation of the Healthy Kids for Life: Making Strides program, branching out to community programs such as the NCD's BASES project.

- **2014 C-Change Exemplary CCC Leadership by an Elected Official Award** honored Senator Dennis Rodriguez



for his work to prevent cancers and non-communicable disease such as the Healthy Vending Machine Policy; smoking restrictions when a child is present inside a motor vehicle; and his efforts to restrict sales of electronic cigarettes to minors.

- **2014 Guam Governor's Council on Physical Fitness and Sports:**



Model Community Partnership Promoting Physical Activity Award- Guam Comprehensive Cancer Control Program

- **2014 Governor's MagPRO Awards:** Innovative Idea/ Cost Savings Award (Large Organization)- Lawrence Alam, GCCCP, DPHSS



- **2014 National CCC Program Business Meetings Best Poster Award:** Guam Comprehensive Cancer Control Program



Notable Notes:

Healthy Island, Healthy People Conference

Mr. Jared Ivie, Vice-Chair with the Guam Comprehensive Cancer Control Coalition, presented the successes and accomplishments of the Cancer Control Coalition at the 2014 Healthy Island, Healthy People Conference held at the Guam Hilton Resort and Spa on September 10, 2014.

The conference was hosted by the Non-Communicable Disease Consortium.



Calendar

Coalition Monthly Meetings:

SEDAT: 4th Tuesday or 4th Thursday: 4:00pm – 5:00pm
(Location: American Medical Center)

SQOL: 3rd Wednesday: 11:30am – 12:30pm
(University of Guam Dean Circle House #7)

DRAT: 3rd Tuesday: 9:00am – 10:00am
(University of Guam Dean Circle House #7)

PANDA: 2nd Monday: 4:00pm – 5:00pm
(FHP Health Center Conference Room)

Prevention/NCD Physical Activity Group:

4th Monday: 3:00pm – 4:00pm
(Guam Cancer Care or Good Samaritan Hospital Referral Office Conf. Rm.)

To find out specific dates, location and time, please call the Guam Comprehensive Cancer Control Program at 735-0670/73.



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<https://www.facebook.com/GuamCCC>

